



28th Baden- Württemberg Women's Meeting

—
*from 11 to 14 September 2025
Creglingen Youth Hostel*



Dear women,

Some of you have been living with HIV or hepatitis for many years, others only recently. Some of you regularly meet with other women, for example in a local support group – others may rarely have the chance to connect. No matter where you're at – the Baden-Württemberg

Women's Meeting offers you the opportunity to connect, share, and take part in engaging workshops that support you in living a healthy and fulfilling life with HIV or hepatitis.

All women are invited:

- Cis and trans women
- With and without an immigration background
- With and without disability
- Young and old



Childcare

Would you like to bring your children? Whether or not they know about your diagnosis, we offer professional and free childcare during the meeting. We understand the challenges of living with

HIV in a family and will adapt to your individual situation. While your children have fun together, you'll have time to relax and focus on yourself.

Programm

- Thursday** Arrival from 4 p.m. until 6 p.m.
6 p.m. dinner
After dinner: Welcome & get-together
- Friday** **Workshop “Living with HIV”** with Dr. Christina Mickan, specialist physician from Stuttgart. This is a space for your health-related questions and concerns regarding HIV and hepatitis. A key focus will be on the topics of loneliness, (self-)isolation, and depression.
- Saturday** **Workshop “Breathwork”** with Bärbel Schütz, breath therapist from Heidelberg. Through breathing and mindfulness, we promote your physical, emotional, and mental well-being. In the afternoon, there will be plenty of time for personal conversations, shared activities, and relaxation.
- Sunday** Feedback & goodbye
Departure after lunch at approximately 2 p.m.

Leisure, body and soul

The team at Creglingen Youth Hostel is known for its delicious food. In addition, the hostel offers a wide range of sports and leisure activities.

Registration:

Name: _____

Street: _____

City: _____

Telephone: _____

E-mail: _____

I am attending with children aged: _____

☐ I am a vegetarian. ☐ I am a vegan. ☐ I follow a halal diet.

☐ I have the following food intolerances: _____

☐ I would like to share a room with _____ .

☐ I need an accessible room.

The workshops can be translated by interpreters on request.

☐ I would like to have the assistance of an interpreter.

Carpools

Participants wishing to travel by car are welcome to form carpools.

☐ I offer carpooling for _____ people.

☐ I am looking for a carpool opportunity.

☐ My contact details may be shared in order to arrange a carpool.

Registration:

A participation fee of €60 is due upon confirmation of participation. If the participation fee is a barrier for you, please don't hesitate to reach out – we'll find a solution together.

Children can attend free of charge. In case of non-attendance without cancellation (at least 14 days before the event) or a medical certificate, we will charge the resulting costs.

I accept these terms of participation.

Please send us your registration form by e-mail to **info@aidshilfe-bw.de** by **28 July 2025 at the latest**.

As soon as you receive a confirmation, your registration is binding. The number of participants is limited. Please transfer the **participation fee of €60** after you have received a participation confirmation and an **invoice** from us.

My participation fee will be paid by the following Aids support organization:

Date and signature

Name of organization

Aidshilfe Baden-Württemberg e.V. collects, processes and uses the data exclusively to

organize, carry out and invoice this event. The data will not be passed on.

Enquiries:

If you have any questions about the meeting or registration, please contact us at 0711 887834-00 or e-mail at **info@aidshilfe-bw.de**.

Convention centre:

Creglingen Youth Hostel
Erdbacher Straße 30 | 97339 Creglingen
Tel.: 07933 336
JH-Creglingen@jugendherberge.de
www.creglingen.jugendherberge.de

Organized by:



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Kindly supported by:

